

All Shook Up

Choreographed by Randy & Stephanie Krul ... (925) 686-1708 Please Call For Any Questions
 Music: All Shook Up by Billy Joel (Honeymoon In Vegas Sound Track CD)

This Dance made to match the music, therefore you have to dance the patterns as follows:

Wait 16 Beats Then Start	Walls 1, 2, 3	48 beats Ea.	Pattern 1 & 2 ... 3 times
	Wall 4	32 beats	Pattern 2 Only (Starting with toe points)
	Wall 5	48 beats	Pattern 1 & 2
	Wall 6	32 beats	Pattern 2 Only (Starting with toe points)
	Wall 7	48 beats	Pattern 1 & 2

**4 Wall
Dance**

Pattern 1 (Omit This Pattern on the 4th & 6th Walls)

Ball Heel Grapevines

- 1 Cross right in front of left , put weight on ball of right foot
- 2 Put weight down on heel of right foot
- 3 Step side with left put weight on ball of left foot
- 4 Put weight down on heel of left foot
- 5 Hook right behind left , put weight on ball of right foot
- 6 Put weight down on heel of right foot
- 7 Step side with left put weight on ball of left foot
- 8 Put weight down on heel of left foot

16 Beats

Travelling Kick Ball Changes

- 1 & 2 Kick right foot in front, step slightly side right on ball of right foot, step left next to right
- 3 thru 8 Repeat traveling kick ball changes

Pattern 2

Forward Travelling Toe Points

- 1 Point right toe to right side
- 2 Step right in front of left
- 3 Point left toe to left side
- 4 Step left in front of right
- 5, 6, 7, 8 Repeat 1-4

32 Beats

Kick Front, Side, Sailor Shuffle

- 1, 2 Kick right foot out front, kick right foot out to right side
- 3 & 4 Hook right foot behind left, step side left on left, step side right on right (Triple Step)
- 5, 6 Kick left foot out front, kick left foot out to left side
- 7 & 8 Hook left foot behind right, step side right on right, step left next to right (Triple Step)

Heel Swivels Travelling Right

- 1 Weight on balls of both feet, swivel heels right
- 2 Weight on heels of both feet, swivel toes right
- 3 Weight on balls of both feet, swivel heels right
- 4 Weight on heels of both feet, swivel toes right

Two 1/2 turn Pivots

- 5 Step forward on right foot turn 180 degrees to the left
- 6 Step on the left
- 7 Step forward on right foot turn 180 degrees to the left
- 8 Step on the left

Breaks Breaks Happen on Beat 1 & 3

- &1 Step right Left as you turn 1/4 turn to the right
- 2 Hold
- 3 Bump Pelvis forward, pump elbows back
- 4 Hold

- 5,6,7,8 Hips Motions (Use your imagination to the words all shook up)

