



Script approved by



TOM MICKERS

Hold Your Horses



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INTERMEDIATE/ADVANCED	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1 1 & 2 3 - 4 5 - 6 7 - 8	Kick Ball Step, Step 1/4 Turn Left, Skates Forward. Kick right to right side. Step right beside left. Step forward left. Step forward right. Step left 1/4 turn left (take weight onto left). Skate right diagonally forward right. Skate left diagonally forward left. Skate right diagonally forward right. Skate left diagonally forward left.	Kick & Step Step. Turn. Skate 2 3, 4.	On the spot Left Forward
	Section 2 9 - 10 11 - 12 & 13 & 14 & 15 & 16 Arms: (&13 - &16)	Right & Left Side Steps, Taps Behind, 'Trot' Back. Step right to right side. Tap left toe behind right. Step left to left side. Tap right toe behind left. Trot back stepping - Right, Left. Right, Left. (Feet shoulder width apart). Trot back stepping - Right, Left. Right, Left. (Feet shoulder width apart). Arm moves performed during 'trot' back. Stretch left arm forward as if holding reins and swing lasso with right hand.	Right. Tap. Left. Tap. & Back & 2 & 3 & 4	Right Left Back
	Section 3 17 - 18 19 - 20 21 - 22 23 - 24 Arms: (17) (18) (19 - 20) (21 - 24)	Grapevine Right & Left with arm moves. Step right to right side. Cross left behind right. Step right to right side. Touch left beside right. Step left to left side. Cross right behind left. Step left to left side. Touch right beside left. Arm moves performed during grapevine steps. With right arm across chest, parallel to floor & fist clenched as push fist to right with left hand. With left arm across chest, parallel to floor & fist clenched as push fist to left with right hand. Both hands touch shoulders. Bring arms straight down. Mirror the above moves for grapevine left.	Step. Behind. Step. Touch. Step. Behind. Step. Touch.	Right Left
	Section 4 25 - 32 Arms: (25 - 28) (29 - 32)	Knee Knocks Out & In. With feet together knock knees in and out for 8 counts. Arm moves performed during knee knocks. Lean body right, as you stretch left arm forward and circle it around to left. Lean body left, as you stretch right arm forward and circle it around to right.	Knee Knock	On the spot
	Section 5 33 - 34 35 - 36 37 & 38 & 39 40	Kick, Point, Cross Back, Toe & Heel, & Touch 1/2 Turn Right. Step forward left. Kick right forward pointing toes down. Cross step right over left. Step back on left. Point right toes right. Step right beside left. Touch left heel forward. Step left beside right. Touch right toe back. Reverse pivot 1/2 turn right. (Take weight on right.)	Step. Kick. Cross. Back. Toe & Heel & Toe Turn	Forward Back On the spot Right.
	Section 6 41 - 42 43 - 44 45 & 46 47 - 48	Step Scuff, Step, Stomp, Heel Swivels, Step Together. Step forward left. Scuff right forward. Step right beside left. Stomp left in front of right. On balls of feet swivel heels left. Swivel heels to centre. On balls of feet swivel heels left. Step back left. Stepright beside left.	Step. Scuff. Step. Stomp. Heel Twist Left Back. Together.	Forward. On the spot Back
	Sections 7 & 8 49 - 64	Repeat sections 5 & 6. Repeat steps 33 - 48 from sections 5 & 6.		
	Tag: Section 1 1 - 2 3 - 4 5 - 6 7 - 8 Arms:	To be danced at end of 2nd & 4th repetitions. Right & left grapevines with touch. Step right to right side. Cross left behind right. Step right to right side. Touch left beside right. Step left to left side. Cross right behind left. Step left to left side. Touch right beside left. During grapevines roll arms forward.	Step. Behind. Step. Touch. Step. Behind. Step. Touch.	Right Left
	Section 2 9 10 - 12 13 14 - 16 Arms:	Paddle Full Turn Left, Paddle Full Turn Right. Making 1/4 turn left on ball of left, point right to right side. Repeat step 9 three more times, stepping right beside left on count 12. Making 1/4 turn right on ball of right, point left to left side. Repeat step 13 three more times, stepping left forward on count 16. During paddle turns roll arms forward.	Turn 2, 3, 4. Turn 2, 3, 4.	Turning left Turning right

Four Wall Line Dance:- 64 Counts. Intermediate/Advanced Level.

Choreographed by:- AT Kinson & Tom Mickers.

Choreographed to:- 'Hold Your Horses' by E-Type (140 bpm) from Superstar Productions Ultimate In Dance CD.

Choreographers Note:- All arm movements are optional, start dance facing 3 o'clock wall.